

DATES TO REMEMBER

Ash Wednesday — February 8
Eucharist at 10:30 a.m. & 5:30 p.m.
Lenten Program begins

Sunday Morning Education Options — offered at 9:15 a.m. service
February 12, 19, 26 & March 5
(see below for details)

Quiet "Day" with The Rector — Saturday, February 18, 9:30 a.m. - 12:30 p.m.

Palm Sunday — March 19
Evensong 7:30 p.m.

Matins — Sunday, February 26 at 11:00 a.m.

BIBLE STUDY OPPORTUNITIES

Mornings

Corinth House
Tuesdays, 9:15 - 10:30 a.m.
Contact: Jill Burns 243-0299

Jerusalem House
Wednesdays 9:30 - 11:00 a.m.
Contact: Sandy Yates 243-9907

"Thursday A.M."
With the Rector or The Rev. Kathy Zang
10:00 - 11:00 a.m. in the Crump Room

Evenings

Ephesus House
Tuesdays 7:30 - 9:00 p.m.
Contact Liz Stileman 244-9242

Philippi House
Wednesdays 7:30 - 9:00 p.m.
Contact Ross/Janet Lennox 289-3527

Antioch House
Thursdays 7:30 - 9:30 p.m.
Contact Dave Leman

Downtown Businessmen's Bible Studies

Contact Ross Lennox 289-3527 or
Dennis Burns 243-0299

BAPTISM SCHEDULE

February 19th	11:00 a.m.
March 19th	2:00 p.m.
March 25th (Easter Eve) just adults	7:30 p.m.
April 16th	2:00 p.m.
May 21st	9:15 a.m.
June 18th	2:00 p.m.
July 9th	10:00 a.m.
August 13th	10:00 a.m.

Maundy Thursday — March 23
Seder Supper 6:00 p.m.
Eucharist 8:00 p.m.

Good Friday Meditation — March 24, 12:00 noon

Holy Saturday — March 25
Easter Vigil, Eucharist and Adult Baptisms
7:30 p.m.

Easter Services — 8:00, 9:00 & 11:00 a.m.

Confirmation — Sunday, April 16 at 9:15 a.m.

Kathy's Ordination to the Priesthood — Sunday, April 30, 4:30 p.m.
at the Cathedral

SUNDAY MORNING CHRISTIAN EDUCATION OPTIONS AT 9:15 A.M.

1. Life of Our Lord led by *The Rev. Canon Herbert O'Driscoll*. Our Lord Jesus Christ is the absolute heart of the Christian faith. What do we know about him? Who is he for us?

2. Science & Sanctuary Presentors: **Dr. Alan White**, Cardiologist, Clinical Associate Professor at University of Calgary.
Dr. John Tyberg, Professor of Medicine & Medical Physiology at U of C, Faculty of Medicine.
Mrs. Lorraine J. Melchior, Director of Nursing, Maternal/Newborn/Gynecology/Surgery at Foothills Hospital

The Rev. John Buck — Faculty member of SAIT.
3. From Image to Likeness: The Self as Christ within in the psychology of Carl Jung — led by **Dr. Alan Parry**, Psychologist, Family Therapist and Adjunct Lecturer, Dept. of Psychiatry, University of Calgary.

COMMEMORATING THE LAST SUPPER A MEAL ON MAUNDY THURSDAY

You are invited to join in an adaptation of the Passover Meal on Thursday, March 23 at 6:00 p.m. The meal takes approximately an hour and a half incorporating commentary and readings to illustrate the new meaning Jesus gave to this meal which we now know as Eucharist. Following the meal participants may wish to stay for Eucharist celebrated at 8:00 p.m. Feel free to invite your friends and be sure to reserve a place for your party by calling the church office before March 18. Please note seating is limited.

SENIORS

"A Day Out Program for Housebound" first and third Wednesdays monthly. Contact Sue Millikin 243-2970.

PRAYER CHAIN

Fourth Thursday of month — 7:30 p.m. Contact Helen Caldwell 228-3912.

PROJECT DAYBREAK: BUILDING A DREAM

In the September 1988 issue of The Sower, it was reported that the Executive Committee of the diocese had given its approval to a plan to establish a half-way house for refugee women.

Nina Chiba, coordinator of the Refugee Committee, met with the Called to Care Committee in December to share information on the status of "Project Daybreak".

Mrs. Chiba's committee has received the go-ahead to begin soliciting donations to purchase a four- or six-plex in Calgary to provide accommodation for refugee women alone or those who head households. These women experience particular hardship in refugee situations and can expect little or no assistance through existing relief programs.

The committee estimates that appropriate housing will cost \$200,000 and hopes to raise that amount in the Diocese of Calgary and through government funding by December 1989.

However, Mrs. Chiba stressed that housing is only one part of the total program. In conjunction with the housing "we will provide the kind of program in which language skills, employment skills and confidence building can be targeted so that women may establish themselves above the poverty line", she said.

O GIVE THANKS

... for all the blessings of this past Christmas; the celebrations we shared and all those who helped make them so special, particularly...

for the choirs — all the magnificent music for Edith Austin and her many helpers who so beautifully decorated the church

for Dan Osborne and Peter and Mary Burns who provided us with our Christmas trees for Beverley Bushell, Jeanne Forte, Joan Mallabone and Margie Newman who gave us the joy of the Children's Christmas Celebration and

for all those who helped us in the office with Christmas mailings, bulletins and cheered us with lots of Christmas goodies.

... for the good fun we all had at the "Skit Night". ... with thanks to Terry and Donna Belleville and Tim and Sandy Yates.

... for Sheila Wares and her very vital and very appreciated work as our payroll officer. (Sheila, remember it was Rick who put this in.)

... for Ernie Orford and the many hours he gives as our contributions co-ordinator.

... for breathtaking winter scenes... and snowplows and salt.

... for all the love and care Wendy and George Leitch have put into our past issues of Reach Out. Many thanks.

"Friendship and support levels will need to be high. Alongside this, refugee women, alone or as heads of households already within the city and struggling below the poverty line, may be assisted." Pastoral Care will be crucial in the profound grieving process that follows relocation.

Mrs. Chiba said that she and her committee have been encouraged by the response from parishes within the diocese.

Christ Church is beginning the sponsorship of a family from the refugee ministry in Cairo, has already helped bring in a family from Costa Rica and is making a monthly contribution for the refugee claimant work that the Refugee Committee participates in through the inter-faith coalition. Through this work 64 families have been assisted.

But while this a great beginning, the committee is constantly in need of sponsors. A Friends of Refugees Committee has been established to ask for prayers and money for this important work.

"We have been very active in advocacy", Mrs. Chiba said. "Now we can begin to build up our local action so that both our advocacy and our witness will be more of a reality."

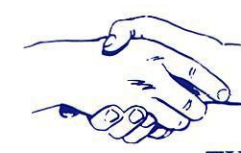
Donations to support the committee in its ongoing work can be sent to The Treasurer, Refugee Committee, The Diocese of Calgary, 3015 Glencoe Road S.W., Calgary T2S 2L9. Contributions are tax deductible.

... for the immense blessing of how together we met the challenging financial goals of 1988... and even over and above this, more than doubled our giving to the Primate's World Relief and Development Fund and still went on to raise more than \$10,000 to support the resettlement of a refugee family in our country. We can bless God for how God's Spirit is moving us in our commitments to the ministries of our parish and beyond.

O bless ye the Lord!

I will call to mind the deeds of the Lord; Yea, I will remember thy wonders of old. I will meditate on all thy work, & muse on thy mighty deeds.

PSALM 77:11-12 (RSV)



REACH OUT



THE NEWSLETTER OF THE PARISH OF CHRIST CHURCH, ELBOW PARK
For information on Sunday Services Phone 243-4680 Anytime Through the Weekend
CHURCH OFFICE: 243-4680

LENT 1989

FROM THE RECTOR...



Just an hour or two earlier on this January evening I was coming home from the Church when I became aware of different sources and levels of light all around me.

Across the street there was a small tree which still bore the lights of Christmas. By now they had become the lights of Epiphany. Above me a far stronger light was coming from the fluorescent street light on the corner. But, stronger even than that, was the gentle but vast and lovely light from the snowfall which has just blanketed the city and this whole area from the mountains and away to the East.

Three sources and three levels of light, each more powerful and more widespread than the other. It occurred to me that I was being shown a parable of Christian faith.

The light of Our Lord begins with the faint isolated light of the stable. That light is augmented by the lights of both shepherds and wisemen. Then, far beyond the stable, light is spread over the whole area by the rays of the star.

So it is in a Christian life. The light of faith is kindled perhaps in childhood or in adult years. As time goes by a person's faith deepens and reaches out. By grace the light of faith illumines the whole of life.

This season of Epiphany (a word which itself means "spreading light") will soon pass into this year's early season of Lent. In those Lenten weeks the light of Christ will enter a time of shadows and suffering. It will seem that the light grows faint as we approach the tragic days of Holy Week. It will seem that the light is extinguished in the terrible darkness of Good Friday. But from that darkness the light and joy of Easter will blaze.

I wish you light and faith, especially if there are shadows for you in life at this time. I wish you a deepening faith which gives light to all your living. I wish you the light and life of Christ.

Blessings to you,

Herbert O'Driscoll

Herbert O'Driscoll

I said to the man who stood at the gate of the year: "Give me a light that I may tread safely into the unknown." And he replied, "Go out into the darkness and put thine hand into the hand of God. That shall be to thee better than a light and safer than a known way."
By M. Louise Haskins

A VERY SPECIAL OCCASION



Jane Coop

Among the great gifts which God has given us is the world of the arts, and among that infinitely varied world is the world of music. All through its two thousand year history the church has viewed the arts, and especially music, as a great avenue which leads us to the presence of the Divine when the lesser roads of speech and explanation fall short.

Christ Church possesses a building of great beauty and of fine acoustical quality. It has among its parishioners many who support the arts and a number who teach and perform. It has two organists of considerable stature and a parish choir of high quality. To augment these resources and to create other opportunities both for worship and public performance a grand piano is needed. This need has recently received an exciting response.

Jane Coop is a pianist of wide reputation across this country and beyond it in such places as London, Warsaw, Prague, Moscow, and Washington D.C. She is frequently heard on CBC and has recently formed her own recording company. Jane has offered to give a public performance in Christ Church as a benefit concert. The proceeds will make possible the purchase of a grand piano for the music life of Christ Church in this city.

The recital will be shared by Paula O'Driscoll, mezzo-soprano. Paula has performed as soloist with the Bach Consort of Washington D.C., the Calgary Philharmonic, and the Festival Chorus of Calgary. She will perform a song cycle by the Canadian composer Robert Fleming, and a selection of French songs.

The concert will be held in Christ Church on Wednesday evening, March 22nd, 1989 at 8:00 p.m. There will be further details but it is hoped that all of us in Christ Church will do our best to support this occasion, one which could initiate a whole new dimension in the life and role of Christ Church in our city.

Paula O'Driscoll



LENTEN PROGRAM 1989

Wednesdays During Lent
5:30 Eucharist
6:00 Pot Luck Supper
6:45 - 8:00 Educational Programs
Adult, Elementary & Nursery

Adult Program (2 Options)

CHRIST, THE WORLD AND LAMBETH

Option 1
June 1988 saw the worldwide gathering of Bishops of the Anglican Communion convened at Canterbury. The weeks spent together communicated to everyone a vision of an immensely varied church in a world of immensely varied needs and priorities. The results will affect every part of the church for years to come.
To link us directly with the life of Lambeth and to communicate its priorities and its opportunities to us, we have asked two couples — our Bishop and his wife Pat, who are also part of our congregation, and Michael and Sandy Prior of the Cathedral parish who have recently returned from our companion diocese of Temotu.
Feb. 8 “Lambeth 88” A splendid video of the conference and events.
Feb. 15 Pat Curtis
Feb. 22 The Bishop
March 1 The Bishop
March 8 Pat Curtis
March 15 Michael and Sandy Prior
Calgary and Temotu — Companions in Christ

DR. JAMES DOBSON film series
Turn Your Heart Toward Home



Dr. James Dobson

Option 2
Feb. 8 A Father Looks Back
There's no more important time to turn your heart toward home than during the crucial child-rearing years.

Feb. 15 Power in Parenting: The Young Child
Get practical help for facing the common battlegrounds in child rearing such as bedtime and mealtime.

Feb. 22 Power in Parenting: The Adolescent
The importance of healthy father/daughter and mother/son relationships, and what you can do to achieve them.

March 1 The Family Under Fire
A ‘civil war’ of values is underway in our society. Get involved in what you care about most — your family. **Note:** This film is not recommended for young audiences — it contains explicit information regarding the pornography industry.

March 8 Overcoming a Painful Childhood
Shirley Dobson shares intimate memories of her childhood with her alcoholic father, and the influences that brought her to a loving God.

March 15 The Heritage
How four traditional values can strengthen your home, and provide hope for tomorrow.

These films will also be shown Wednesday mornings 10:00–11:00 a.m. at the church. (Babysitting will be available).

FINDING HOPE
IN THE MIDST OF GRIEF

All of us in our lifetime experience the pain of losing someone we love. Grief is part of everyone's life, but sometimes we feel very alone in our grief. Sometimes we feel there is nothing that can help our pain. Sometimes we feel the light has gone out of our life.
We are planning a bereavement group for people who have suffered a loss through death of a family member or close friend. The death may have been recent, or it may have occurred years before and still be extremely painful for the survivor. This group will meet either 6 afternoons or evenings, or over one weekend. There will be from 5 to 8 people in each group. These gatherings have proven to be very helpful to people in the past. The facilitator of our group will be Judith Blythe who is Palliative Care Co-ordinator at the Bethany Care Centre in Calgary. Judith has worked for many years in Calgary in the area of bereavement.

If you are interested in being a part of this group, or if you wish more information, call Kathy Zang at the church, 243-4680. If necessary, transportation can be arranged for these meetings.

CALLING ALL BOYS
(AND PARENTS)

The Boys' Choir has reached a critical stage in terms of its numbers. Unless we have some more boys joining the choir in the near future, we will be facing the prospect of having no Boys' Choir for the first time in many generations in the life of Christ Church. If you or your son(s) are interested in a program of sports, Religious Instruction and singing, please call me, Margie Newman at 243-6506 or leave a message at the church. The program runs from 4:30 to 7:45 p.m. on Thursdays and supper is provided by the Moms. As well, the boys sing every Sunday except for the first Sunday of the month. Any breathing boy over the age of 8 will be welcome and we'll do the rest!

YOUTH GROUP

The following are written by two of the older members of the youth group. We have begun to rely on the input and leadership these two young persons provide to the youth ministry. Here are some thoughts they would like to share with you:

The youth group has benefited me in many ways. First, it has enriched my faith in Christ, and it has helped me follow Him easier and with more understanding through group discussions and Bible study. Secondly the youth group covers important issues of a teen's life and relates these issues to the life of Christ. Thirdly the youth group has given me great memories such as camps, overnights, dances, and my favourite ski trips. But most important, I benefit from the youth group through the fellowship of my peers and group leaders as we help teach one another to be better Christians.

By Andrew Forte

I am a member of the Christ Church Youth Group. With the guidance of Dave and Barb Jipp our group is flourishing! We like to get together every Sunday at 9:15 in the youth room downstairs to meet with our friends and discuss religious issues that actually mean something to us. Sometimes we do Bible studies or we have guest speakers. But our group is much more than a Sunday School for teenagers. We also work on Christian dramas, get together with other youth groups, host floor hockey tournaments, go skiing and camping. We went to the Stampede together, had a Halloween Dance and most recently enjoyed a parent/teen bowling night. For me, the youth group has offered some great times and most importantly a chance for Christian fellowship. We are all looking forward to even more fun in the New Year. We would love to have more kids (age 12 and up) come out on Sundays and become a part of the exciting events planned for this year.

Juleta Severson

Please remember to refer to “Dates to Remember” in this issue of Reach Out and the Bulletin Board outside the Crump Room and in the Gym for youth group events.

YOUTH EVENTS
January 28 and 29
Ski Weekend
Accommodations — St. Georges Anglican Church, Banff Skiing — Lake Louise

February 7th
Shrove Tuesday Pancake Supper sponsored by the young people. Everyone welcome! \$5.00/person, maximum \$20/family.

February 18th
Youth Prayer and Praise and Valentine's Dance at St. John's Anglican Church.

LIBRARY

89 new books were added to the library in 1988. Some of the most recent are:
The Road to Daybreak by Henri J.M. Nouwen
Jesus, the Unanswered Questions by John Bowden
Soft Bodies in a Hard World by Charles Davis
Dying, Yet we Live by Paul Chidwick
Light from the East: a symposium on the Oriental Orthodox and Assyrian churches.

TO GOD BE THE GLORY
1988 Budget Met and Exceeded!

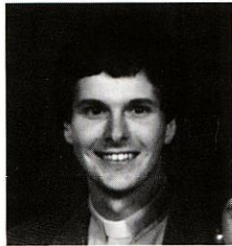
Thank you for your overwhelming response to our Christmas offering request. Your generous givings have turned our potential deficit into a surplus of approximately \$6,500. As well, our 1989 pledges are running well ahead of 1988. More details on our 1989 budget are set out in this Reach Out, and will also be available at the Annual Meeting of the Parish on January 29th following the 10:00 a.m. service. We look forward to meeting you there.

Your Wardens,
Kay Grove
Michael Morin
Liz Stileman
Peter Jull

OUR PARISH BUDGET FOR 1989

We as a parish expect our expenditures to be:	
Diocese, for the work of the Church beyond ourselves, in the Diocese, across Canada, and outside the country	\$ 97,500
Outreach, parish projects, not including our Refugee program, which is funded by separate donations, and other outreach givings of parishioners	9,000
Clergy, the ministry and leadership of three full-time clergy	150,000
Facilities, including the salary of our verger, the upkeep of our Church, hall and rectory	71,100
Music, choir leaders and organists, youth choir leaders, and music expenses	40,400
Administrative support, full-time and part-time secretaries, office expenses, postage, etc.	60,500
Christian Education, adult program and children's educational program, i.e. Sunday schools	10,000
Youth, our youth workers and program expenses	11,000
Stewardship, parish dinners and administrative expenses	5,500
Total	\$455,000
To make all this possible, we as a parish expect to give:	
Offerings	\$425,000
Special Donations	25,000
Other Income	5,000
Total	\$455,000

I'LL TAKE SPRING ANY DAY!



As I write this everything outside is frozen and draped in white; magnificent in its beauty. . . and yet hiding a great mass of stuff which only a good spring thaw will reveal. Underneath in the dark are old newspapers that have blown up on the yard, rotting leaves, dirty candy wrappers, not to mention the horror we pet owners must face.
For the moment it's of no concern. It is there and it is not there. And yet if there is to be a blossoming forth of new life this year, then I know I will first have to face and deal with this mess in my yard. The winter scenes may be spectacular. . . but I'll take spring any day.

The creation often mirrors truths about God and us. There is winter in all of us. All of us share the condition that there are aspects of our personality which we may work to present as white and beautiful, but which in fact are cold and frozen and hard and hide all kinds of old, rotting accumulations. . . things we may never want to look at again. . . things which we may not even know exist in that frozen, buried world.

A person may say after many years that they are content to continue as they are knowing that such seasons exist deep within. They have learned to survive. . . to get by. But surely just getting by is not the life God creates us for.

“I have come to bring you life. . . life in all its fullness” proclaims our Lord. This is his promise. This is his gift.

What the season of Lent offers us, is a time to make a climate change in some aspect of our lives; to draw close to Jesus that the warm love of our risen Lord may melt and heal and cleanse that which has become buried and frozen; to reveal some deeper beauty that lies now hidden; to thaw fresh ground so that there can be a springing forth of new life. It is God's gift to us. . . life.

May we seek in our lives the ‘Spring’ of our Lord. . . and may your Lent be a pathway to a more abundant life.

Blessings,
Richard

By the Grace of God
The Rt. Rev. Barry Curtis
Bishop of Calgary
will ordain
Kathleen Zang
Priest
Sunday, 30th April, 1989
4:30 p.m.
Cathedral Church of the Redeemer, Calgary.
The honour of your prayers and presence is requested.

NICHOLAS DE GRANDMAISON'S
CARTOON

One day last April, while dismantling some cupboards in an upstairs storage room, Roger Dunton came upon a couple of fair-sized sheets of glass taped together and leaning in the dust against the wall.
Enclosed in the glass was a crayon drawing, a portrait of a clergyman, signed “N. de Grandmaison” and dated “1949”.

Stuck to the glass was a handwritten note which said:
Ted
This is the artist's “cartoon” given to us by Mrs. de Grandmaison for our archives. The same size portrait of Canon Crump was done and given to him before he left here and Mrs. de G. wanted us to have this copy.

signed “D”

Naturally it has been appraised, insured, framed, and given a place of honour in the Crump Room, where it rightly belongs for all of us to share.

Thank you, Nick, and Mrs. de G., and “Ted” and “D”, the Rt. Rev. Wm. Crump, and, of course, Roger.

Personal Events
Baptisms

We welcome with joy and gladness to the Christian Community of Christ Church:
Blair Dawson Bullied
Kevin Alexander Barford
David Gregory Bush
Lauren Victoria Wonfor
William Paddon McKenzie Thompson
Nicholas Jeffrey Charles Baldwin
Anna Catherine Brooks
Anna Rae Defilippi
Stacy Ann Ross
Amanda Justine Stevenson
Liam Alexander McDermott
Stephanie Ann Hassell
Matthew Colin Taylor
Scott David Wilmot
Karen Elizabeth McCowan
Anna Betty Burns
Adrienne Chelsea Margaux Caitlin Buller
Hugh Glen Vernon Lowell

Marriages

We offer congratulations and best wishes to:
Christopher Elliott Haslam & Darlene June Lowe
David Christopher Griffiths & Catherine Grace MacKenzie
Kevin John MacLean Campbell & Lori Colleen Gathercole
Simon Warren Brooksbank and Margaret Anne Kilb

Deaths

May the souls of the Faithful Departed Rest in Peace. Rest eternal grant unto them O Lord, and let light perpetual shine upon them.
Douglas Alexander Cochrane Newton
Elizabeth Elzina McLeod